



## **WEST LANCASHIRE**

**15<sup>TH</sup> NOVEMBER 2009**

**10.30 am for an 11.00 start from  
TOOTSIES ICE CREAM PARLOUR  
MUCH HOOLE  
PRESTON  
PR4 5JT**

**On the A59 about five miles South of Preston  
The Parlour/Coffee Bar is just beyond a roundabout, on the right hand side  
of the A59, heading towards Southport.**

**For further information contact me on [davidjames152@btinternet.com](mailto:davidjames152@btinternet.com)**

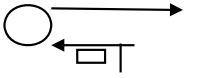

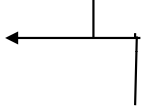
**The run goes across Tarleton Moss and along some of the Meanygates to  
the coast road, then towards Formby and  
across country to Rufford, where we stop for lunch.  
There are three places where you could eat. Also you could try Rufford Old  
Hall (National Trust), the Marinas (free) or Mere Sands Wildfowl Reserve  
(parking donation required but free to walk around).**

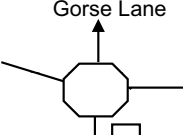

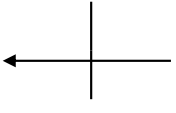
**After lunch we go past Croston and along the back lanes towards  
Rivington, finishing at Huntleys Food Emporium.**




**Lead car PE06 CXT    Mobile 07933097130**


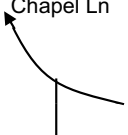
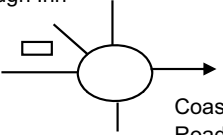
**Coast to Reservoir**  
November 15th



Meet at Tootsies Ice Cream parlour for coffee at 10.00 for a 10.30 start  
Postcode is PR4 5JT Much Hoole, on A59 5miles south of Preston



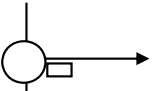
<b>1</b>	circle rndbt return towards S'port A59 	<b>2</b>	 Filter to Tarleton	<b>3</b>	
miles 0.0 Km 0.0 Rster 0.0	Zero trip on leaving Car park	miles 2.8 Km 4.5 Rster 2.9		miles 3.3 Km 5.3 Rster 3.4	Sharp Left bend


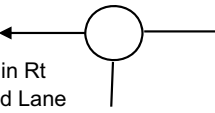
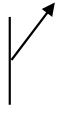
<b>4</b>	Gorse Lane 	<b>5</b>	Taylor's Meanygate 	<b>6</b>	Boundary Meanygate 
miles 3.4 Km 5.5 Rster 3.5	by Lord Lilford Pub	miles 4.9 Km 7.9 Rster 5.1		miles 5.9 Km 9.5 Rster 6.1	




<b>7</b>		<b>8</b>		<b>9</b>	look for stripey gatepost 
miles 6.3 Km 10.1 Rster 6.5		miles 6.5 Km 10.5 Rster 6.7		miles 7.1 Km 11.4 Rster 7.4	

<b>10</b>		<b>11</b>	Chapel Ln 	<b>12</b>	Plough Inn 
miles 7.6 Km 12.2 Rster 7.9		miles 7.7 Km 12.4 Rster 8.0		miles 9.4 Km 15.1 Rster 9.8	Coast Road

<b>13</b>	follow the coast road over a number of rndbts for 9.3 miles	<b>14</b>	 A565 Liverpool	<b>15</b>	Turn left past Tescos  B5195 Altcar
miles 0.0 Km 0.0 Rster 0.0		miles 18.7 Km 30.1 Rster 19.4		miles 21.2 Km 34.1 Rster 22.0	

<b>16</b>	Liverpool 	<b>17</b>	A5147 	<b>18</b>	Moss Lane Weld Blundell Pub 
miles 24.4 Km 39.3 Rster 25.3	Watch out for large bump at 20 metres !!!	miles 26.8 Km 43.1 Rster 27.8	Running Horses Pub cross canal bridge	miles 27.3 Km 43.9 Rster 28.3	

<b>19</b>		<b>20</b>	A59 	<b>21</b>	Springfield Road 
miles 28.3 Km 45.5 Rster 29.4		miles 28.3 Km 45.5 Rster 29.4	Get in Rt Hand Lane	miles 28.5 Km 45.9 Rster 29.6	

<b>22</b>	Butchers Lane 	<b>23</b>	Brookfield Lane 	<b>24</b>	
miles 28.7 Km 46.2 Rster 29.8		miles 29.3 Km 47.2 Rster 30.4		miles 30.1 Km 48.4 Rster 31.2	

<b>25</b>	<p>at Derby Arms turn right to Royal Oak</p>	<b>26</b>	<p>Liverpool Road</p>	<b>27</b>	<p>Lathom Lane at Stanley Gate Inn</p>			
						miles 30.8	miles 31.6	miles 33.6
						Km 49.6	Km 50.9	Km 54.1
						Rster 32.0	Rster 32.8	Rster 34.9

<b>28</b>	<p>Lylake Ln to Burscough</p>	<b>29</b>	<p>B5240 Burscough</p>	<b>30</b>	<p>Firwood Road at Plough Inn</p>			
						miles 34.1	miles 34.9	miles 35.6
						Km 54.9	Km 56.2	Km 57.3
						Rster 35.4	Rster 36.2	Rster 36.9

<b>31</b>		<b>32</b>	<p>Recycling Centre</p>	<b>33</b>	<p>Vale Lane</p>			
						miles 36.3	miles 36.5	miles 36.9
						Km 58.4	Km 58.7	Km 59.4
						Rster 37.7	Rster 37.9	Rster 38.3

<b>34</b>	<p>Past the Maharishi school</p>	<b>35</b>	<p>Smithy Brow</p>	<b>36</b>	<p>A5207 to Burscough</p>			
						miles 37.6	miles 38.8	miles 38.9
						Km 60.5	Km 62.4	Km 62.4
						Rster 39.0	Rster 40.3	Rster 40.4

<b>37</b>		<b>38</b>	<p>Ring o Bells Pub Ring o bells Lane</p>	<b>39</b>	<p>Carr Ln</p>			
						miles 40.6	miles 40.7	miles 41.0
						Km 65.3	Km 65.5	Km 66.0
						Rster 42.1	Rster 42.2	Rster 42.6

<b>40</b>	<p>Tesco</p>	<b>41</b>	<p>Hesketh Arms LUNCH STOP</p>		
				miles 42.3	miles 44.8
				Km 68.1	Km 72.1
				Rster 43.9	Rster 46.5

<b>43</b>	<p>Zero Trip</p>	<b>44</b>	<p>to Croston</p>	<b>45</b>	<p>travel through the village</p>			
						miles 0.0	miles 0.9	miles 0.0
						Km 0.0	Km 1.4	Km 0.0
						Rster 0.0	Rster 0.9	Rster 0.0

<b>46</b>	<p>Grape Lane</p>	<b>47</b>	<p>Robin Hood Inn</p>	<b>48</b>	<p>Salt Pit Ln</p>			
						miles 3.7	miles 5.5	miles 5.8
						Km 6.0	Km 8.9	Km 9.3
						Rster 3.8	Rster 5.7	Rster 6.0

<b>49</b>	to Wrightington	<b>50</b>	to Standish	<b>51</b>	Barmskin Ln
miles 6.7		miles 7.0		miles 7.6	
Km 10.8		Km 11.3		Km 12.2	
Rster 7.0		Rster 7.3		Rster 7.9	

<b>52</b>	Church Ln	<b>53</b>	at Mulberry Tree Inn	<b>54</b>	to Chorley
miles 8.3		miles 9.0		miles 9.9	
Km 13.4		Km 14.5		Km 15.9	
Rster 8.6		Rster 9.3		Rster 10.3	

<b>55</b>	to Chorley	<b>56</b>		<b>57</b>	Coppull Moor Ln
miles 10.2		miles 10.5		miles 12.0	
Km 16.4		Km 16.9		Km 19.3	
Rster 10.6		Rster 10.9		Rster 12.5	

<b>58</b>	Jolly Tar Ln	<b>59</b>	Thyme and Plaice Rest	<b>60</b>	Frederick,s Ice Creams
miles 13.0		miles 14.2	A5106 To Chorley	miles 16.0	
Km 20.9	Waggon and Horses Pub	Km 22.9		Km 25.7	
Rster 13.5	to Adlington	Rster 14.7		Rster 16.6	

<b>61</b>	Filter Left	<b>62</b>	to Rivington	<b>63</b>	To Bolton
miles 16.3		miles 17.3	Babylon Ln	miles 18.1	
Km 26.2		Km 27.8	Elephant and Castle Pub	Km 29.1	Bay Horse Pub
Rster 16.9	to Bolton	Rster 18.0		Rster 18.8	

<b>64</b>		<b>65</b>	Yew Tree Inn	<b>66</b>	Belmont
miles 18.2		miles 18.8		miles 19.4	
Km 29.3		Km 30.3		Km 31.2	do NOT go to China!
Rster 18.9		Rster 19.5		Rster 20.1	

<b>67</b>	Tithebarn Rd	<b>68</b>		<b>69</b>	A675
miles 22.4		miles 24.3		miles 27.5	
Km 36.0	to Heapey	Km 39.1		Km 44.3	M65
Rster 23.2		Rster 25.2		Rster 28.5	M65

<b>70</b>		<b>71</b>	A675	<b>72</b>	Quaker Brook Ln
miles 28.1		miles 28.4		miles 30.1	
Km 45.2	Boatyard Pub	Km 45.7		Km 48.4	
Rster 29.2		Rster 29.5		Rster 31.2	

<b>73</b>		<b>74</b>	B6230	<b>75</b>	A59
miles 30.9		miles 32.0		miles 33.0	
Km 49.7		Km 51.5	New Hall Tavern	Km 53.1	After crossing Dual Carriageway Get in LEFT Lane
Rster 32.1		Rster 33.2		Rster 34.3	

<b>76</b>	
miles 33.9	
Km 54.6	
Rster 35.2	Huntleaves