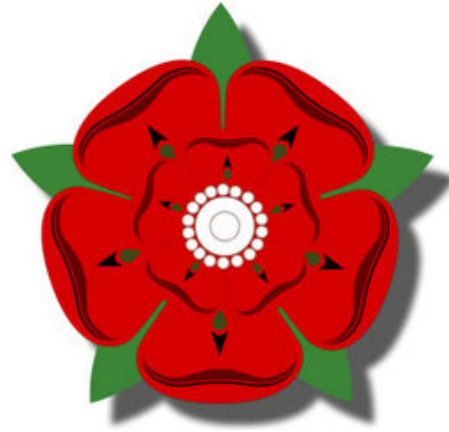


Two Roses Run



Welcome to our run, which is on some of the most picturesque driving roads in Lancashire and Yorkshire.

Meet at 10-30 for 11-00am start on 23 August from **THE MORRIS DANCERS** Sizzle pub, Byron Road, Colne . BB8 0BH

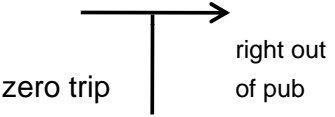
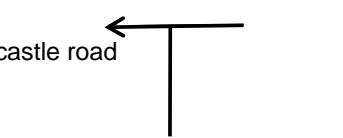
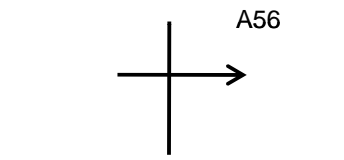
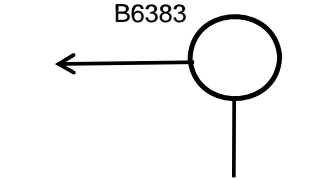
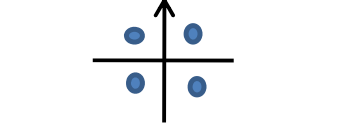
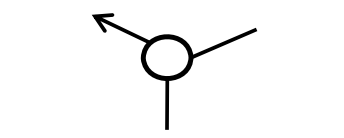
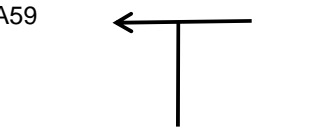
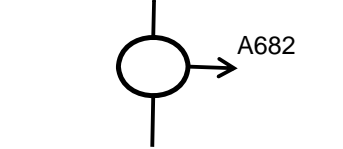
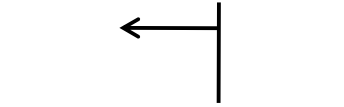
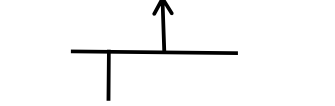
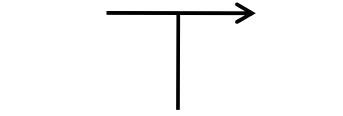

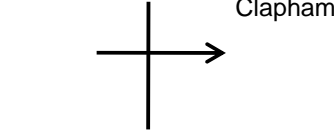
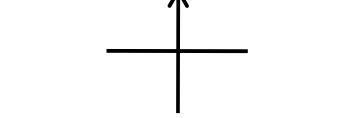
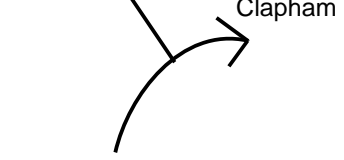
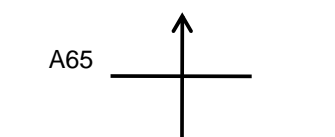
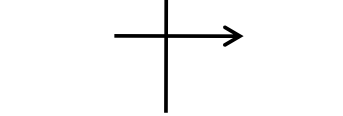
The pub will be open before we start for coffee, biscuits and soft drinks over the bar. The first section passes through Gisburn forest, after which we will have a comfort stop at Clapham in the dales. If you wish to stop longer there is a large car park (National Park £2.20) 2 cafes and pub. The second stage goes over the moors and there are some single track roads with passing places so care is needed. Also watch out for walkers cyclists, sheep and a few highland cattle on the roads.

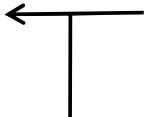
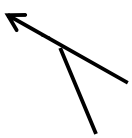

We propose to stay for 2 hours in Pateley Bridge which is a pretty town with many nice cafes; you can always be adventurous and bring a picnic to eat by the river Nidd. The run finishes at the Morris Dancers, where, while saying your goodbyes, you can have a drink or enjoy a meal from their reasonably priced menu.

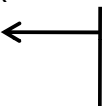

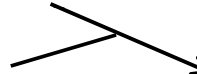
We hope you all enjoy the day. Dave and Chris

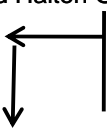


Mobile (patchy signal in places) **07949 761616**

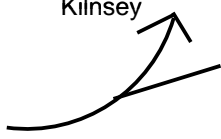


Two Roses Run

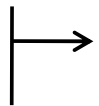
<p>1</p> <table border="1"> <tr><td>miles</td><td>0.0</td></tr> <tr><td>Km</td><td>0.0</td></tr> <tr><td>Rster</td><td>0.0</td></tr> </table>	miles	0.0	Km	0.0	Rster	0.0	<p>zero trip</p>  <p>right out of pub</p>	<p>2</p> <table border="1"> <tr><td>miles</td><td>0.3</td></tr> <tr><td>Km</td><td>0.5</td></tr> <tr><td>Rster</td><td>0.3</td></tr> </table>	miles	0.3	Km	0.5	Rster	0.3	<p>castle road</p> 	<p>3</p> <table border="1"> <tr><td>miles</td><td>0.6</td></tr> <tr><td>Km</td><td>1.0</td></tr> <tr><td>Rster</td><td>0.6</td></tr> </table>	miles	0.6	Km	1.0	Rster	0.6	<p>A56</p> 
miles	0.0																						
Km	0.0																						
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Km	1.0																						
Rster	0.6																						
<p>4</p> <table border="1"> <tr><td>miles</td><td>3.1</td></tr> <tr><td>Km</td><td>5.0</td></tr> <tr><td>Rster</td><td>3.2</td></tr> </table>	miles	3.1	Km	5.0	Rster	3.2	<p>B6383</p> 	<p>5</p> <table border="1"> <tr><td>miles</td><td>4.9</td></tr> <tr><td>Km</td><td>7.9</td></tr> <tr><td>Rster</td><td>5.1</td></tr> </table>	miles	4.9	Km	7.9	Rster	5.1	<p>Traffic Lights</p> 	<p>6</p> <table border="1"> <tr><td>miles</td><td>5.2</td></tr> <tr><td>Km</td><td>8.4</td></tr> <tr><td>Rster</td><td>5.4</td></tr> </table>	miles	5.2	Km	8.4	Rster	5.4	
miles	3.1																						
Km	5.0																						
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miles	4.9																						
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Rster	5.1																						
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Rster	5.4																						
<p>7</p> <table border="1"> <tr><td>miles</td><td>7.6</td></tr> <tr><td>Km</td><td>12.2</td></tr> <tr><td>Rster</td><td>7.9</td></tr> </table>	miles	7.6	Km	12.2	Rster	7.9	<p>A59</p> 	<p>8</p> <table border="1"> <tr><td>miles</td><td>9.3</td></tr> <tr><td>Km</td><td>15.0</td></tr> <tr><td>Rster</td><td>9.7</td></tr> </table>	miles	9.3	Km	15.0	Rster	9.7	 <p>A682</p>	<p>9</p> <table border="1"> <tr><td>miles</td><td>11.0</td></tr> <tr><td>Km</td><td>17.7</td></tr> <tr><td>Rster</td><td>11.4</td></tr> </table>	miles	11.0	Km	17.7	Rster	11.4	<p>Paythorne</p> 
miles	7.6																						
Km	12.2																						
Rster	7.9																						
miles	9.3																						
Km	15.0																						
Rster	9.7																						
miles	11.0																						
Km	17.7																						
Rster	11.4																						
<p>10</p> <table border="1"> <tr><td>miles</td><td>12.8</td></tr> <tr><td>Km</td><td>20.6</td></tr> <tr><td>Rster</td><td>13.3</td></tr> </table>	miles	12.8	Km	20.6	Rster	13.3		<p>11</p> <table border="1"> <tr><td>miles</td><td>14.9</td></tr> <tr><td>Km</td><td>24.0</td></tr> <tr><td>Rster</td><td>15.5</td></tr> </table>	miles	14.9	Km	24.0	Rster	15.5	<p>Wigglesworth</p> 	<p>12</p> <table border="1"> <tr><td>miles</td><td>15.5</td></tr> <tr><td>Km</td><td>24.9</td></tr> <tr><td>Rster</td><td>16.1</td></tr> </table>	miles	15.5	Km	24.9	Rster	16.1	<p>Slaidburn</p> 
miles	12.8																						
Km	20.6																						
Rster	13.3																						
miles	14.9																						
Km	24.0																						
Rster	15.5																						
miles	15.5																						
Km	24.9																						
Rster	16.1																						
<p>13</p> <table border="1"> <tr><td>miles</td><td>19.8</td></tr> <tr><td>Km</td><td>31.9</td></tr> <tr><td>Rster</td><td>20.6</td></tr> </table>	miles	19.8	Km	31.9	Rster	20.6	<p>Clapham</p> 	<p>14</p> <table border="1"> <tr><td>miles</td><td>28.6</td></tr> <tr><td>Km</td><td>46.0</td></tr> <tr><td>Rster</td><td>29.7</td></tr> </table>	miles	28.6	Km	46.0	Rster	29.7	<p>Clapham</p> 	<p>15</p> <table border="1"> <tr><td>miles</td><td>29.5</td></tr> <tr><td>Km</td><td>47.5</td></tr> <tr><td>Rster</td><td>30.6</td></tr> </table>	miles	29.5	Km	47.5	Rster	30.6	<p>Clapham</p> 
miles	19.8																						
Km	31.9																						
Rster	20.6																						
miles	28.6																						
Km	46.0																						
Rster	29.7																						
miles	29.5																						
Km	47.5																						
Rster	30.6																						
<p>16</p> <table border="1"> <tr><td>miles</td><td>30.5</td></tr> <tr><td>Km</td><td>49.1</td></tr> <tr><td>Rster</td><td>31.7</td></tr> </table>	miles	30.5	Km	49.1	Rster	31.7	<p>A65</p> 	<p>17</p> <table border="1"> <tr><td>miles</td><td>30.7</td></tr> <tr><td>Km</td><td>49.4</td></tr> <tr><td>Rster</td><td>31.9</td></tr> </table>	miles	30.7	Km	49.4	Rster	31.9		<p>18</p> <table border="1"> <tr><td>miles</td><td>0.0</td></tr> <tr><td>Km</td><td>0.0</td></tr> <tr><td>Rster</td><td>0.0</td></tr> </table>	miles	0.0	Km	0.0	Rster	0.0	<p>CLAPHAM VILLAGE Over bridgeand immediate Left Some parking at roadside Toilets in main Dales car park on right If you want to stay and look round £2.20/ 2hrs</p>
miles	30.5																						
Km	49.1																						
Rster	31.7																						
miles	30.7																						
Km	49.4																						
Rster	31.9																						
miles	0.0																						
Km	0.0																						
Rster	0.0																						

25	ZERO TRIP 	26	B6480 	27	A65 
miles 0.0 Km 0.0 Rster 0.0	Left out of car park	miles 0.0 Km 0.0 Rster 0.0		miles 0.9 Km 1.4 Rster 0.9	

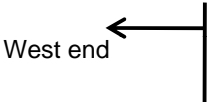
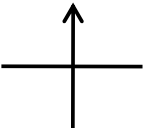
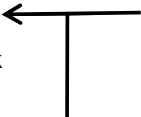
28	Austwick 	29	Horton 	30	 B6479
miles 1.1 Km 1.8 Rster 1.1		miles 1.8 Km 2.9 Rster 1.9		miles 5.2 Km 8.4 Rster 5.4	

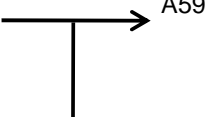
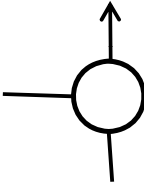
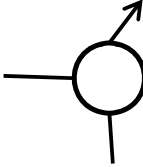
31	Watch out for this turn signposted Halton Ghyl 	32	Arncliffe 	33	 Kilnsey
miles 6.7 Km 10.8 Rster 7.0	Left then next left	miles 14.1 Km 22.7 Rster 14.6		miles 18.4 Km 29.6 Rster 19.1	

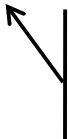
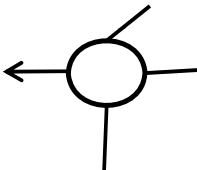
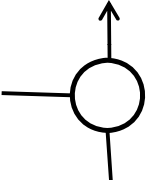
34	Kilnsey 	35	B6265 	36	B6265 Pately bridge 
miles 18.7 Km 30.1 Rster 19.4		miles 21.8 Km 35.1 Rster 22.6		miles 25.4 Km 40.9 Rster 26.4	

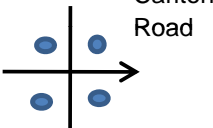


37	
miles 36.5 Km 58.7 Rster 37.9	Right into main car park if full there is another further up

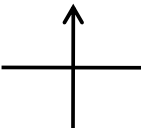
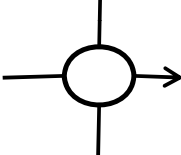

We propose to stay here 2 Hrs
car park costs 50p/ 2 hrs

49	ZERO TRIP	50	West end 	51			
	Left out of car park 						
	miles 0.0					miles 3.0	miles 7.6
	Km 0.0					Km 4.8	Km 12.2
Rster 0.0	Rster 3.1	Rster 7.9					

52		53		54				
						miles 10.1	miles 16.5	miles 20.4
						Km 16.3	Km 26.6	Km 32.8
						Rster 10.5	Rster 17.1	Rster 21.2

55	Skipton 	56		57				
						miles 21.0	miles 22.0	miles 22.1
						Km 33.8	Km 35.4	Km 35.6
						Rster 21.8	Rster 22.8	Rster 22.9

58	 Second set of Traffic Lights opposite petrol station	59		60				
						miles 22.6	miles 22.9	miles 23.6
						Km 36.4	Km 36.9	Km 38.0
						Rster 23.5	Rster 23.8	Rster 24.5

61		62		63	 Turn right into the car park Morris Dancers			
						miles 25.9	miles 32.3	miles 32.5
						Km 41.7	Km 52.0	Km 52.3
						Rster 26.9	Rster 33.5	Rster 33.7