



PASS – N – PLACES

8th June 2008



This run starts at Truckhaven, Carnforth and heads towards the Lake District, where a series of delightful village roads will take you to Gummers How and you will have fleeting but spectacular views over Windermere.

From there you will head towards Coniston, stopping briefly for coffee in Torver, before tackling both the Wrynose and Hardknott Passes. These passes offer wonderful views and will present a challenge to the drivers.

After lunch at Dalegarth, the run heads on to Corney for yet more spectacular views, and finally finishes at Lowick Green.

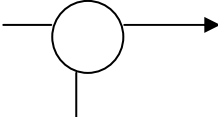


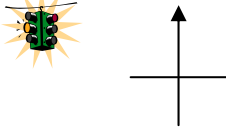
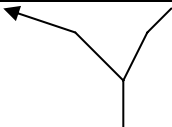

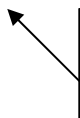
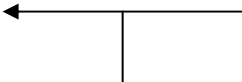
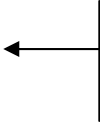
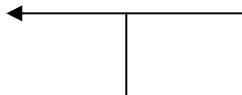
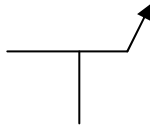
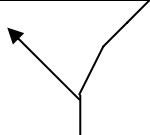
Meet at Carnforth Truckhaven from about 10 am for a 10:30 am start.
Carnforth Truckhaven is just off J35 of the M6 motorway.
Full address for sat nav users is Scotland Road Carnforth Lancashire LA5 9RQ

Please be aware that some of the roads on this run are **narrow** and some are **steep**. Some are **narrow AND steep**. There are several roads with Passing Places, and it is important to be aware of other traffic when we are travelling together.

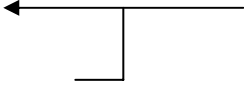
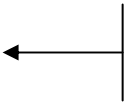

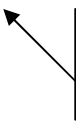
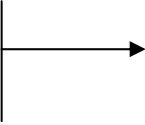
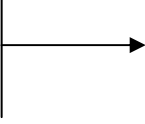
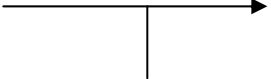
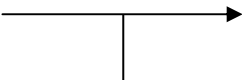
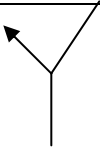

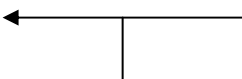
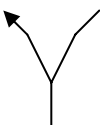
Please also be aware of the cars immediately in front and behind and try to keep in touch with them, although close travelling may not always be possible due to the terrain. At times the character of the roads will mean that the average speed is surprisingly slow!




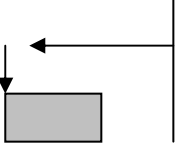
Lead cars – colour, registrations and mobiles (although often no signal on these roads) will be provided on the day.

PASS – N - PLACES

Zero TRIP AT Esso sign just before exit at roundabout		Turn RIGHT at roundabout
Miles 0.3 Km 0.5 Rster 0.3		Follow A6
Miles 1.0 Km 1.6 Rster 1.0		Follow A6
Miles 3.2 Km 5.1 Rster 3.3	!	Possibly a Car Boot sale on today, so beware traffic turning in and out
Miles 6.8 Km 14.1 Rster 9.1		Traffic lights Straight on
Miles 9.4 Km 15.1 Rster 9.8		Turn LEFT A590 towards Barrow BUT Immediately get in right hand lane to
Miles 9.9 Km 15.9 Rster 10.3		Turn RIGHT Signed Brigsteer and Levens Village
Miles 10.7 Km 17.2 Rster 11.1		Fork LEFT Signed Brigsteer and Underbarrow
Miles 12.9 Km 20.8 Rster 13.4		At T-Junction turn LEFT Signed Underbarrow 2
Miles 14.2 Km 22.8 Rster 14.7		Turn LEFT Signed Crosthwaite
Miles 14.6 Km 23.5 Rster 15.2		At T Junction turn LEFT Signed Crosthwaite Ulverston
Miles 16.8 Km 27.0 Rster 17.4		At T-Junction turn RIGHT
Miles 17.1 Km 27.5 Rster 17.8		Fork LEFT Signed Bowland Bridge

<table border="1"> <tr><td>Miles</td><td>18.7</td></tr> <tr><td>Km</td><td>30.1</td></tr> <tr><td>Rster</td><td>19.4</td></tr> </table>	Miles	18.7	Km	30.1	Rster	19.4		Bad hilly bend, tame practice for later!
Miles	18.7							
Km	30.1							
Rster	19.4							
<table border="1"> <tr><td>Miles</td><td>21.4</td></tr> <tr><td>Km</td><td>34.4</td></tr> <tr><td>Rster</td><td>22.2</td></tr> </table>	Miles	21.4	Km	34.4	Rster	22.2		At T-junction, turn LEFT
Miles	21.4							
Km	34.4							
Rster	22.2							
<table border="1"> <tr><td>Miles</td><td>22.2</td></tr> <tr><td>Km</td><td>35.7</td></tr> <tr><td>Rster</td><td>23.0</td></tr> </table>	Miles	22.2	Km	35.7	Rster	23.0		Turn RIGHT at roundabout. A590
Miles	22.2							
Km	35.7							
Rster	23.0							
<table border="1"> <tr><td>Miles</td><td>22.5</td></tr> <tr><td>Km</td><td>36.2</td></tr> <tr><td>Rster</td><td>23.4</td></tr> </table>	Miles	22.5	Km	36.2	Rster	23.4		POSSIBLE MOBILE CAMERA SITE
Miles	22.5							
Km	36.2							
Rster	23.4							
<table border="1"> <tr><td>Miles</td><td>25.0</td></tr> <tr><td>Km</td><td>40.2</td></tr> <tr><td>Rster</td><td>26.0</td></tr> </table>	Miles	25.0	Km	40.2	Rster	26.0		Turn RIGHT Signed Bouth
Miles	25.0							
Km	40.2							
Rster	26.0							
<table border="1"> <tr><td>Miles</td><td>25.3</td></tr> <tr><td>Km</td><td>40.7</td></tr> <tr><td>Rster</td><td>26.3</td></tr> </table>	Miles	25.3	Km	40.7	Rster	26.3		At T-junction, turn LEFT
Miles	25.3							
Km	40.7							
Rster	26.3							
<table border="1"> <tr><td>Miles</td><td>27.4</td></tr> <tr><td>Km</td><td>44.1</td></tr> <tr><td>Rster</td><td>28.4</td></tr> </table>	Miles	27.4	Km	44.1	Rster	28.4		At T-Junction turn RIGHT
Miles	27.4							
Km	44.1							
Rster	28.4							
<table border="1"> <tr><td>Miles</td><td>28.0</td></tr> <tr><td>Km</td><td>45.1</td></tr> <tr><td>Rster</td><td>29.1</td></tr> </table>	Miles	28.0	Km	45.1	Rster	29.1		Straight on at Crossroads
Miles	28.0							
Km	45.1							
Rster	29.1							
<table border="1"> <tr><td>Miles</td><td>28.8</td></tr> <tr><td>Km</td><td>46.3</td></tr> <tr><td>Rster</td><td>29.9</td></tr> </table>	Miles	28.8	Km	46.3	Rster	29.9		At T-Junction turn RIGHT A5092 THEN
Miles	28.8							
Km	46.3							
Rster	29.9							
<table border="1"> <tr><td>Miles</td><td>29.1</td></tr> <tr><td>Km</td><td>46.8</td></tr> <tr><td>Rster</td><td>30.2</td></tr> </table>	Miles	29.1	Km	46.8	Rster	30.2		Turn RIGHT to Coniston
Miles	29.1							
Km	46.8							
Rster	30.2							
<table border="1"> <tr><td>Miles</td><td>35.3</td></tr> <tr><td>Km</td><td>56.8</td></tr> <tr><td>Rster</td><td>36.6</td></tr> </table>	Miles	35.3	Km	56.8	Rster	36.6		Turn LEFT at T Junction, then immediately RIGHT into Car Park of "The Wilson Arms", Torver LA21 8BB
Miles	35.3							
Km	56.8							
Rster	36.6							
	Coffee stop at Wilson Arms for about 30 minutes							

ZERO trip as you re-join the main road		Turn LEFT onto the main road						
<table border="1"> <tr><td>Miles</td><td>6.6</td></tr> <tr><td>Km</td><td>10.6</td></tr> <tr><td>Rster</td><td>6.9</td></tr> </table>	Miles	6.6	Km	10.6	Rster	6.9		Turn LEFT Signed Elterwater
Miles	6.6							
Km	10.6							
Rster	6.9							
<table border="1"> <tr><td>Miles</td><td>7.0</td></tr> <tr><td>Km</td><td>11.3</td></tr> <tr><td>Rster</td><td>7.3</td></tr> </table>	Miles	7.0	Km	11.3	Rster	7.3		Turn LEFT Signed Little Langdale and Wrynose. See sign on front cover!
Miles	7.0							
Km	11.3							
Rster	7.3							
<table border="1"> <tr><td>Miles</td><td>9.0</td></tr> <tr><td>Km</td><td>14.5</td></tr> <tr><td>Rster</td><td>9.3</td></tr> </table>	Miles	9.0	Km	14.5	Rster	9.3		Fork LEFT Signed Wrynose Cattle Grid
Miles	9.0							
Km	14.5							
Rster	9.3							
<table border="1"> <tr><td>Miles</td><td>13.0</td></tr> <tr><td>Km</td><td>20.9</td></tr> <tr><td>Rster</td><td>13.5</td></tr> </table>	Miles	13.0	Km	20.9	Rster	13.5		Turn RIGHT over stone bridge Signed Eskdale Hardknott Pass
Miles	13.0							
Km	20.9							
Rster	13.5							
<table border="1"> <tr><td>Miles</td><td>18.0</td></tr> <tr><td>Km</td><td>28.9</td></tr> <tr><td>Rster</td><td>18.7</td></tr> </table>	Miles	18.0	Km	28.9	Rster	18.7		Turn RIGHT Dalegarth Station Car Park £2 Picnic, café, train, river
Miles	18.0							
Km	28.9							
Rster	18.7							
	Lunch stop at Dalegarth Station for 60-75 minutes							
ZERO trip as you re-join the main road		At main road turn RIGHT						
<table border="1"> <tr><td>Miles</td><td>1.7</td></tr> <tr><td>Km</td><td>2.7</td></tr> <tr><td>Rster</td><td>1.8</td></tr> </table>	Miles	1.7	Km	2.7	Rster	1.8		At T-Junction turn RIGHT Signed Ravenglass
Miles	1.7							
Km	2.7							
Rster	1.8							
<table border="1"> <tr><td>Miles</td><td>3.0</td></tr> <tr><td>Km</td><td>4.8</td></tr> <tr><td>Rster</td><td>3.1</td></tr> </table>	Miles	3.0	Km	4.8	Rster	3.1		Fork LEFT Signed Holmrook
Miles	3.0							
Km	4.8							
Rster	3.1							
<table border="1"> <tr><td>Miles</td><td>4.8</td></tr> <tr><td>Km</td><td>7.7</td></tr> <tr><td>Rster</td><td>5.0</td></tr> </table>	Miles	4.8	Km	7.7	Rster	5.0		At T-Junction turn LEFT
Miles	4.8							
Km	7.7							
Rster	5.0							
<table border="1"> <tr><td>Miles</td><td>6.4</td></tr> <tr><td>Km</td><td>10.3</td></tr> <tr><td>Rster</td><td>6.6</td></tr> </table>	Miles	6.4	Km	10.3	Rster	6.6		At T-Junction turn LEFT A595
Miles	6.4							
Km	10.3							
Rster	6.6							
<table border="1"> <tr><td>Miles</td><td>11.5</td></tr> <tr><td>Km</td><td>18.5</td></tr> <tr><td>Rster</td><td>11.9</td></tr> </table>	Miles	11.5	Km	18.5	Rster	11.9		Turn LEFT. Uphill Signed Corney and Broughton
Miles	11.5							
Km	18.5							
Rster	11.9							

<table border="1"> <tr><td>Miles</td><td>19.9</td></tr> <tr><td>Km</td><td>32.0</td></tr> <tr><td>Rster</td><td>20.7</td></tr> </table>	Miles	19.9	Km	32.0	Rster	20.7		At T-Junction turn LEFT A595 signed to Barrow
Miles	19.9							
Km	32.0							
Rster	20.7							
<table border="1"> <tr><td>Miles</td><td>20.3</td></tr> <tr><td>Km</td><td>32.6</td></tr> <tr><td>Rster</td><td>21.1</td></tr> </table>	Miles	20.3	Km	32.6	Rster	21.1		POSSIBLE MOBILE CAMERA SITE
Miles	20.3							
Km	32.6							
Rster	21.1							
<table border="1"> <tr><td>Miles</td><td>23.5</td></tr> <tr><td>Km</td><td>37.8</td></tr> <tr><td>Rster</td><td>24.5</td></tr> </table>	Miles	23.5	Km	37.8	Rster	24.5		POSSIBLE MOBILE CAMERA SITE
Miles	23.5							
Km	37.8							
Rster	24.5							
<table border="1"> <tr><td>Miles</td><td>29.7</td></tr> <tr><td>Km</td><td>47.8</td></tr> <tr><td>Rster</td><td>30.8</td></tr> </table>	Miles	29.7	Km	47.8	Rster	30.8		At Farmers Arms, turn LEFT, then LEFT again into the Farmers Arms Car Park. LA12 8DT
Miles	29.7							
Km	47.8							
Rster	30.8							
	Stop and have a drink or a meal or just say farewells							
	<p>To head towards the M6 (Junction 36)</p> <p>Turn RIGHT out of the "Farmers Arms Car Park</p> <p>Then immediately turn LEFT towards Greenodd.</p> <p>At the T junction with the A590 turn LEFT</p> <p>Then follow the A590 where you will pick up the signs to the M6.</p>							