



A GLIMPSE OF ABBEYS

This is a circular run round North Yorkshire with glimpses (just glimpses!) of Bolton Abbey, Jervaux Abbey and Fountains Abbey.

Sunday 6th September 2009
10am for 10.30 start from:
Craven Heifer Inn - BD23 3LA
Tel 01756 792 521

On the B6265 1m North of Skipton.
Leave the Skipton bypass (A59) on the B6265 for Grassington. Pub is 650yds on the right.

For further info. contact Jim & Marian Varnom tel 01748 88 4813
Mobile 07729781091
email jim@varnom.com

The Craven Heifer will be open for coffee etc before the start and we plan to have a social gathering from 10.00am. As it is a long run to the start for most of the members and the 1st stop of the run is not until lunch around 12.30, we suggest you may wish to make use of the pub facilities before we set off. The run will also end at the Craven Heifer.

There will not be a coffee/loo stop on the run and the first stop will be at Masham after 45 miles. Anyone desperate for coffee can stop at the Jervaux Abbey tearooms at about 40 miles.



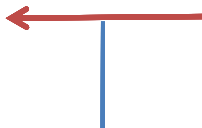

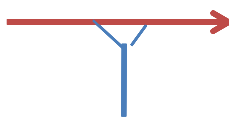



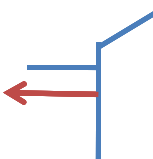
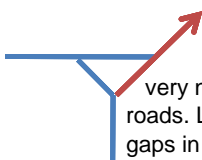
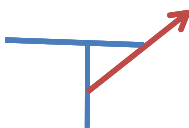

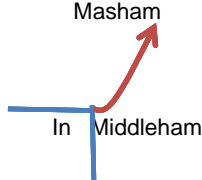

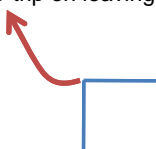
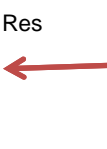
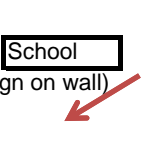



There will be a coffee and loo stop at the Stump Cross caverns on the return trip and you can visit the caverns if you wish.

The run ends at the Craven Heifer where you can stop for a drink or a meal.

A glimpse of abbeys

Start from Craven Heifer, Skipton

BD23 3LA

<p>1</p> <p>Zero Trip at start</p> <table border="1"> <tr><td>miles</td><td>0.0</td></tr> <tr><td>Km</td><td>0.0</td></tr> <tr><td>Rster</td><td>0.0</td></tr> </table> 	miles	0.0	Km	0.0	Rster	0.0	<p>2</p> <p>after 200 yards.</p> <p>Brackenley Lane</p> <table border="1"> <tr><td>miles</td><td>0.0</td></tr> <tr><td>Km</td><td>0.0</td></tr> <tr><td>Rster</td><td>0.0</td></tr> </table> 	miles	0.0	Km	0.0	Rster	0.0	<p>3</p> <table border="1"> <tr><td>miles</td><td>1.5</td></tr> <tr><td>Km</td><td>2.4</td></tr> <tr><td>Rster</td><td>1.6</td></tr> </table> 	miles	1.5	Km	2.4	Rster	1.6
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<p>4</p> <p>Bolton Abbey</p> <table border="1"> <tr><td>miles</td><td>1.8</td></tr> <tr><td>Km</td><td>2.9</td></tr> <tr><td>Rster</td><td>1.9</td></tr> </table> 	miles	1.8	Km	2.9	Rster	1.9	<p>5</p> <p>Halton East</p> <table border="1"> <tr><td>miles</td><td>2.1</td></tr> <tr><td>Km</td><td>3.4</td></tr> <tr><td>Rster</td><td>2.2</td></tr> </table> 	miles	2.1	Km	3.4	Rster	2.2	<p>6</p> <p>Warning - gated road. To Bolton Abbey If closed on arrival, last through please close.</p> <table border="1"> <tr><td>miles</td><td>4.1</td></tr> <tr><td>Km</td><td>6.6</td></tr> <tr><td>Rster</td><td>4.3</td></tr> </table>	miles	4.1	Km	6.6	Rster	4.3
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<p>7</p> <table border="1"> <tr><td>miles</td><td>6.1</td></tr> <tr><td>Km</td><td>9.8</td></tr> <tr><td>Rster</td><td>6.3</td></tr> </table> 	miles	6.1	Km	9.8	Rster	6.3	<p>8</p> <p>Possible sightings of Bolton Abbey over right shoulder! Between 6.4 & 6.5 miles</p> <table border="1"> <tr><td>miles</td><td>6.4</td></tr> <tr><td>Km</td><td>10.3</td></tr> <tr><td>Rster</td><td>6.6</td></tr> </table>	miles	6.4	Km	10.3	Rster	6.6	<p>9</p> <p>Old stone milepost Grassington</p> <table border="1"> <tr><td>miles</td><td>14.7</td></tr> <tr><td>Km</td><td>23.7</td></tr> <tr><td>Rster</td><td>15.3</td></tr> </table>  <p>Brown sign Linton Falls</p>	miles	14.7	Km	23.7	Rster	15.3
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<p>10</p> <p>Grassington</p> <table border="1"> <tr><td>miles</td><td>15.2</td></tr> <tr><td>Km</td><td>24.5</td></tr> <tr><td>Rster</td><td>15.8</td></tr> </table> 	miles	15.2	Km	24.5	Rster	15.8	<p>11</p> <p>By Dales Toffee Shop</p> <table border="1"> <tr><td>miles</td><td>15.6</td></tr> <tr><td>Km</td><td>25.1</td></tr> <tr><td>Rster</td><td>16.2</td></tr> </table> 	miles	15.6	Km	25.1	Rster	16.2	<p>12</p> <table border="1"> <tr><td>miles</td><td>18.6</td></tr> <tr><td>Km</td><td>29.9</td></tr> <tr><td>Rster</td><td>19.3</td></tr> </table>  <p>very narrow roads. Leave gaps in convoy.</p>	miles	18.6	Km	29.9	Rster	19.3
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<p>16</p> <p>Jervaux Abbey ruins on left at about 40.8 miles</p> <table border="1"> <tr><td>miles</td><td></td></tr> <tr><td>Km</td><td></td></tr> <tr><td>Rster</td><td></td></tr> </table>	miles		Km		Rster		<p>17</p> <p>Two car parks & field. Steps up to Masham by cricket clubhouse</p> <table border="1"> <tr><td>miles</td><td>45.6</td></tr> <tr><td>Km</td><td>73.4</td></tr> <tr><td>Rster</td><td>47.3</td></tr> </table> 	miles	45.6	Km	73.4	Rster	47.3	<p>18</p> <p>Lunch or picnic stop Suggest 1.5 hours stop.</p> <table border="1"> <tr><td>miles</td><td>0.0</td></tr> <tr><td>Km</td><td>0.0</td></tr> <tr><td>Rster</td><td>0.0</td></tr> </table>	miles	0.0	Km	0.0	Rster	0.0
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25		26		27	
miles 7.1		miles 10.1		miles 11.4	
Km 11.4		Km 16.3		Km 18.3	
Rster 7.4		Rster 10.5		Rster 11.8	

28	Winksley	29		30	
miles 12.0		miles 13.9		miles 14.5	
Km 19.3		Km 22.4		Km 23.3	
Rster 12.5		Rster 14.4		Rster 15.0	

31	Studley Roger	32		33	
miles 16.1		miles 16.5		miles 17.2	
Km 25.9		Km 26.6		Km 27.7	
Rster 16.7		Rster 17.1		Rster 17.9	



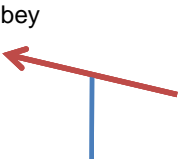
34	Pay & display car park	35	ZERO TRIP	36	
miles 17.4		miles 0.0		miles 0.9	
Km 28.0		Km 0.0		Km 1.4	
Rster 18.1		Rster 0.0		Rster 0.9	

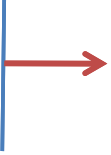
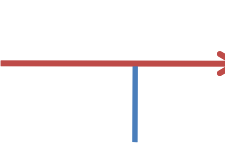

37		38	Aldfield	39	
miles 1.3		miles 2.9		miles 4.2	
Km 2.1		Km 4.7		Km 6.8	
Rster 1.3		Rster 3.0		Rster 4.4	

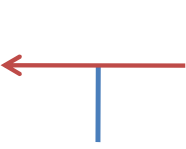

40	Warsil Brimham Rocks	41	Brimham Rocks	42	Summerbridge
miles 6.6		miles 9.4		miles 11.1	
Km 10.6		Km 15.1		Km 17.9	
Rster 6.9		Rster 9.8		Rster 11.5	
				CAUTION blind junction	

43	Dacre	44		45	
miles 12.1		miles 13.2		miles 16.0	
Km 19.5		Km 21.2		Km 25.7	
Rster 12.6		Rster 13.7		Rster 16.6	

46	Hebden	47	Stump Cross Caverns	48	Zero trip on leaving.
miles 20.6		miles 22.2		miles 0.0	
Km 33.2		Km 35.7		Km 0.0	
Rster 21.4		Rster 23.0		Rster 0.0	

49	Appletreewick 	50	Barden 	51	Bolton Abbey 
miles	1.3	miles	3.6	miles	5.8
Km	2.1	Km	5.8	Km	9.3
Rster	1.3	Rster	3.7	Rster	6.0

52	 Embsay	53	 Skipton	54	 Brackenley Lane
miles	6.0	miles	9.5	miles	10.1
Km	9.7	Km	15.3	Km	16.3
Rster	6.2	Rster	9.9	Rster	10.5

55	Skipton 	56	 Craven Heifer
miles	11.5	miles	11.6
Km	11.5	Km	18.7
Rster	11.9	Rster	12.0

We hope you have enjoyed our run.
Stop for a drink, or a meal.